

A teacher's point of view on inclusive education. Details on page 3



Never too old to grow wings, says our counsellor on page 4

# Education

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## MILESTONES...

- **1968**- Born on July 11
- **1991**- MBBS from MAMC with four gold medals and the Lt Governor's Trophy for Best All Round Medical Student
- **1995**- MD in Paediatrics from Lady Hardinge Medical College along with the award for the Best Postgraduate Student
- **1997**- Fellowship in Paediatric Gastroenterology and Hepatology from Institute of Child Health, Birmingham and Birmingham Children's Hospital, UK. Joined Indraprastha Hospital, New Delhi, in the same year as a senior consultant in Paediatric Gastroenterologist and Hepatologist
- **2003** - Medical Director of Indraprastha Apollo Hospital
- **2005** - Appointed as Group Medical Director of the Apollo Group of Hospitals

If I have to mention one person, who has clearly influenced my way of thinking as well as work, it is Dr Sudarshan Kumari, a lovely lady who retired from the Kalavati Saran Hospital as the head of the paediatrics department. I was a postgraduate student under her and had an opportunity to write my thesis and spend a fair bit of time with her, during my MD in Paediatrics at Lady Hardinge Medical College.

An absolutely phenomenal person, she is one of the most dedicated doctors I have ever known. Her entire life revolved around babies and she was highly committed to her profession. A highly knowledgeable but down-to-earth, she was always willing to learn more and believed in disseminating knowledge, rather than holding it tightly to herself. An open-minded personality, she looked at things differently and encouraged one to think independently. She was a specialist in

neonatology but had no qualms with the fact that my area of interest was paediatric gastroenterology. She even encouraged me to apply for a fellowship to UK.

She felt responsible for not just our training but wellbeing as well. I could talk to her about my problems and she was always kind and sympathetic. I have learnt to

share whatever knowledge I gained and be humble about it. She has made me realise that there is always more to learn. It was her motherly affection

that has deeply touched me. I am still in good contact with her.

Apart from Dr Kumari, Dr Ashok Dutta and Dr Ashok Patwari, both at Kalavati Saran Hospital have also greatly influenced me.

**(Dr Anupam Sibal, group medical director of the Apollo Hospitals Group, talks to Rashmi Atal)**

**MY BEST TEACHER**  
**Dr Anupam Sibal**