

# SC moves to end fight on MoP to pick judges

## Court Issues Notice To AG, Appoints Amicus

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TO RESOLVE A VEXED ISSUE

New Delhi: In an attempt to resolve the logjam over adoption of a procedure for appointment of judges, the Supreme Court on Friday sought a fresh response from the government and asked senior advocate K V Vishwanath to assist it in adjudicating the vexed issue.

Observing that it is in public interest to finalise the Memorandum of Understanding (MoU) at the earliest, a bench of Justices A K Goel and U U Lalit issued notice to the attorney general seeking reasons for the delay in finalising the procedure.

Referring to the apex court's verdict in Justice Karnan's case — the Kolkata High Court judge who was sentenced for contempt — the bench said there was need to revisit the appointment process and provide for corrective measures other than impeachment.

With the MoU not being finalised in the last two years due to differences between

the Centre and SC collegium, the court decided to intervene to try and end the deadlock and pave way for timely and orderly selection of judges for higher judiciary. A Constitution bench in October 2015 struck down the National Judicial Appointments Commission and in December 2015 directed the Centre to frame a new MoU in consultation with the CJI, who was to act in accordance with the unanimous view of the members of the collegium.

But the Centre and the collegium were not able to agree with both sides refusing to budge over stated positions on the clauses such as the one on national security that allows the government to reject a name on such sen-

sitive grounds. "Even though no time limit was fixed by this court for finalisation of the MoP, the issue cannot linger on for indefinite period. The order of this court is dated December 16, 2015 and thus more than one year and ten months have already gone by," the bench said.

"We also find substance in the submission that the MoP must provide for a mechanism so that appointments of regular chief justices of high courts are not unduly delayed," the court said, so that appointments take place by the time vacancies arise.

The court passed the order on a plea filed by advocate R P Luthra seeking its direction to the Centre and SC administration to finalise MoP. Although the petitioner also suggested that all appointments made in the SC and HCs subsequent to December 2015 be quashed as there was no MoP, the bench turned down his plea. He approached the apex court after his plea was dismissed by the Delhi HC.

# Recruit court managers to help judges, govt tells HCs

TIMES NEWS NETWORK

New Delhi: Union law minister Ravi Shankar Prasad has written to the chief justices of all high courts asking them to expedite the recruitment of court managers, a separate cadre of officers to assist the judges in 'streamlining court administration' and free judges for adjudicating cases.

The letter says the scheme of appointing court managers was available since 2010 and an allocation of Rs 300 crore was made for the high courts to appoint such officers. However, the minister has pointed out how the reluctance of the high courts has left the scheme close to failure with less than 15% of the allocated money spent for this purpose.

Through these court managers, the government is planning to create a separate cadre of officers in states to look after management of lower courts so that judges can concentrate on judicial functions and not get bogged down with administrative work. The 13th Finance Commission had allocated Rs 300 crore between 2010-15 for the lower courts to appoint court managers.

# A devotee can use only 500ml of RO water on Shivling of Ujjain temple: SC

New Delhi: The Supreme Court gave its nod on Friday to new norms for worshipping at the ancient Mahakaleshwar Jyotirlinga temple in Ujjain city of Madhya Pradesh, including allowing only 500 ml of reverse osmosis water for the ceremony.

The apex court approved eight points of the resolution passed by the temple management committee in consonance with the recommendation of an expert committee of officials of the Archaeological Survey of India and Geological Survey of India.

**The SC approved eight points of the resolution passed by the temple management committee in consonance with the recommendation of an expert committee of officials of the Archaeological Survey of India and Geological Survey of India**

A bench of Justices Arun Mishra and L Nageswara Rao said the recommendations of the expert committee need to be implemented to preserve the lingam (symbol of the deity). As per the new approved norms, the devotees would be permitted a fixed amount of

water measuring 500ml in an appropriate small pot per person for Jalabhishek (worshipping by offering water). It said that the water for Jalabhishek shall be taken from the Reverse Osmosis (RO) machine installed during Simhastha (religious fair), 2016, for which

a connection shall be provided near the sanctum sanctorum.

The new resolution says that from now on, during the Bhasma Aarti, the lingam would be fully covered with dry cotton cloth during the prayers. Curbs were also placed for Abhishek and only up to 1.25 litres of milk or pan-chamrut (mixture of honey, liquid jaggery, milk, yogurt and ghee) per devotee shall be allowed. After the Jalabhishek which concludes at 5pm every day, the lingam will be cleaned and dried to minimise water content. ■

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1.	Construction of 33 KV Underground line by cable of size 3x400 sqmm from 220 KV Ramnagar S/s to 33 KV 6 No town S/s (Approx. length 4.30 KM)	SE/EDC-RKE/2017-18/13	80	160	5000+ GST	13-11-2017 upto 14:00 hrs	14-11-2017 upto 13:00 hrs	14-11-2017 upto 15:00 hrs
2.	Construction of 33 KV Underground line of cable 3x400 sqmm from 220 KV Ramnagar S/s to Solanipuram S/s (Approx. length 4.32 KM)	SE/EDC-RKE/2017-18/14	82.37	165	5000+ GST	13-11-2017 upto 14:00 hrs	14-11-2017 upto 13:00 hrs	14-11-2017 upto 15:00 hrs
3.	Work of supply & fixing of 33 KV XLPE cable Joining Kit/Straight through as and when required under EDD Bhagwanpur, Roorkee	SE/EDC-RKE/2017-18/15	5.44	0.17	1000+ GST	13-11-2017 upto 14:00 hrs	14-11-2017 upto 13:00 hrs	14-11-2017 upto 15:00 hrs
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# INDIA GROWTH CONCLAVE

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L to R: Dr Shweta Khandelwal, Dr Anju Sinha Pradhan, Dr Monalisa Palit, Prof. Anupam Sibal and Ritika Samaddar



L to R: Dr Vipul Shandilya, Prof. Moshe Phillip, Dr Arun Wadhwa and Dr Vaishakhi Rustagi

# India is facing a dual nutrition problem

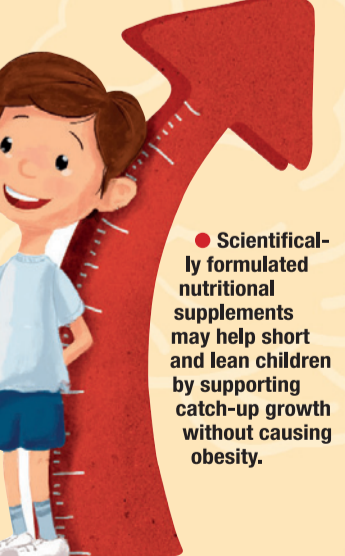
Child malnutrition, both under and over nutrition, needs to be urgently addressed now to avert a growth crisis

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Nutrition continues to remain a challenge in India despite significant social and economic gains. Over the years, food has become increasingly energy rich at the cost of micronutrient availability. And these nutritional gaps impact the growth of children most severely. The intake of a balanced diet provides the body with the adequate range of nutrients vital for health and growth. But in India malnutrition continues to be a problem and nowhere is this more visible than in the high prevalence of growth deficiencies in children and the persistent rise in obesity. Poor nutrition has multiple consequences ranging from reduced immunity to impaired

physical and mental development. Against this backdrop, GSK in association with The Times of India organised a panel discussion in Delhi. The 'India Growth Conclave' brought together a distinguished panel that discussed the impact of undernutrition, specifically with regard to its consequences on growth in children. The panel that discussed the subject 'Right Growth In Indian Children: Making It Happen' consisted of Dr Anju Sinha Pradhan, Deputy Director General, RBMH, Indian Council of Medical Research; Dr Monalisa Palit, Senior Consultant, Clinical Psychologist, Dept. of Child and Adolescent Services, Vimhans Hospital; Ritika Samaddar, Chief Clinical Nutritionist, Max Healthcare, Saket and Prof. Anupam Sibal,

Group Medical Director, Senior Pediatric Gastroenterologist, Apollo Hospitals Group. The discussion was moderated by Dr Shweta Khandelwal, Associate Professor and Senior Research Scientist, PHFI. The discussion was followed by a keynote address delivered by Prof. Moshe Phillip, Paediatric Endocrinologist, Director, Institute for Endocrinology and Diabetes, Schneider Children's Medical Centre, Israel. The evening wrapped up with an Open House Q & A session with Prof. Moshe Phillip, Dr Arun Wadhwa, MBBS, MD Paediatrics; Dr Vaishakhi Rustagi, Consultant - Paediatric Endocrinologist, Max Hospital and Dr Vipul Shandilya, Clinical Lead



and Partnership, GSK. As per the World Health Organisation, malnutrition or deficiencies and imbalances in nutritional intake, can lead to stunting (low height for age), wasting (low weight for height) and underweight (low weight for age), growth retardation, impaired development and cognition. On the other end of the spectrum, malnutrition is also responsible for the rise in obesity and lifestyle-related non-communicable diseases later in life. As per India Health Report: Nutrition 2015, 40 million children in India are stunted (low height for age) and another 17 million are wasted (low weight for height). Childhood undernutrition in India is amongst the highest in the world. Worryingly, undernutri-

tion is visible across all economic and social strata, although the larger burden is still on those with more limited access to food resources.

While poor height and weight affect all strata of society, including the affluent class, they are preventable and addressable with the right dietary inputs.

As Dr Khandelwal pointed out in her opening note, multiple forms of malnutrition co-exist in India. Furthermore, all these forms are accompanied by micronutrient deficiencies. 'India is facing the dual nutrition problem of undernutrition and over nutrition, both of which negatively impact growth' according to Dr Pradhan. Part of the problem with malnutrition in children is that it starts in the womb itself as Prof. Sibal pointed

out. Ideally paediatric care needs to start before the child is born.

There is a need for creating more awareness regarding these issues. He feels that as a society we need to change the perception that a fat baby is a healthy baby. He highlighted the fact that changing patterns of food availability and consumption combined with an inadequate understanding of nutrition results in an imbalance in consuming macronutrients (proteins versus fats) while not consuming sufficient micronutrients are all leading to a nutritional nightmare in India today. Undernutrition is also contributing to a rise in cognitive health issues among young adults today according to Dr Palit. For many children self-image issues such as percep-

tions of being fat can lead to dietary choices that leave them nutritionally challenged and negatively impact their growth. Ritika Samaddar points out that the key challenge is actually dealing with the erroneous perceptions. Parents need to understand what constitutes balanced nutrition. Traditionally, ours is already a diet rich in carbohydrates. We need to consume more proteins to prevent macronutrient deficiency, which is most glaringly visible as a lack of energy and issues such as stunting in children.

The keynote address on the topic of 'Emerging Paradigm In Paediatric Growth: Outcomes From A One Year Clinical Trial' was delivered by Prof. Moshe Phillip. He and his team have spent nearly three decades

researching the modulation of growth by specific nutrients in young children. Dr Moshe has identified certain proteins that can make a difference. The results have been published in leading medical journals. In their latest published research in the Journal of Paediatrics, Prof. Phillip concludes that "evidence-based, scientifically formulated nutritional supplements may help short and lean children by supporting catch-up growth without causing obesity." So there is hope yet for the millions of young children who need to catch up on their lost growth. "The evening ended with a lively discussion on the presentation among the paediatricians from Delhi NCR who attended the session.



Prof. Moshe Phillip

**DR ANJU SINHA PRADHAN**  
Deputy Director General, RBMH, Indian Council of Medical Research

India is going through a very rapid nutrition transition and rapid urbanisation. Both of these are leading to the obesity and overweight prevalence in India, especially among the younger population.

**DR ARUN WADHWA**  
MBBS, MD Paediatrics

Today in India children are suffering from both extremes of nutrition - from malnutrition to obesity. The old concept of balanced nutrition still holds true for both. Stress should be more on good quality protein and micronutrients rather than fat and carbohydrates.

**RITIKA SAMADDAR**  
Chief Clinical Nutritionist, Max Healthcare

We have to deal with the child's food consumption pattern. Diets are largely carbohydrate based and this is the crux of the issue. The consumption of proteins and fats has always been low and is becoming lower. As nutritionists we really need to change this pattern.

**DR VAISHAKHI RUSTAGI**  
Consultant - Paediatric Endocrinologist, Max Hospital

Growth depends upon a number of factors like genetics, hormones and nutrition, which in a correct balance will let the child reach the highest growth potential.

**PROF. ANUPAM SIBAL**  
Group Medical Director, Senior Paediatric Gastroenterologist, Apollo Hospitals Group

Parents need to walk the talk. Don't give gyan, rather do what you expect your child to follow when it comes to nutrition and eating right. We also need a conversation between experts and schools so that nutritional needs are addressed appropriately.